

## The Apex Dermatology Group, P.C.

Littleton Office: 303-795-2030

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Follow the home care plan or treatment given to you by your doctor. Several of the wart-removal treatments, such as liquid nitrogen and laser therapy, may require repeat visits.

- If your wart was treated with liquid nitrogen, laser therapy, or surgical removal, apply local wound care. Local wound care includes keeping the area covered with a sterile bandage, applying an antibiotic ointment, and looking for signs of an infection.
- Signs of an infection include increasing redness and pain at the treatment site, red streaks going up an extremity toward the heart, pus coming from the wound, or a fever of 101°F or higher. If any of these occur, you need to follow up with your doctor or be seen in a hospital's emergency department.

### **Prevention -**

Avoid touching warts on others or touching them on yourself (refrain from rubbing a warty finger across your face). Wear shower shoes in the gym locker room to lower your risk of picking up the virus that causes plantar warts from the moist environment.

### **Outlook -**

Most warts will disappear without treatment in 6 months to 3 years. Warts tend to return though.